# Introduction to Local Climate Adaptation: A new learning resource

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## Menti poll

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## **Background: Local Climate Adaptation Tool**

UK-wide, co-designed, tool to support local adaptation action and support health and wellbeing

#### A simple step-by-step process for users







View the local climate model





**Explore the routes** to health impacts of climate change and who is most

vulnerable



**Recommendations** for action

## Findings from co-design process

Many barriers to adaptation action including:

- ·Lack financial and time resources
- •Culture of **short-term** decision making
- Desire for cross-service & partnership working
- •Concerns focussed on **inequality, mental** health, justice
- •There was **no climate model** for the local area
- •They needed **guidance/ tools** to support work in this area
- Lack knowledge, skills and confidence

# The Introduction to Local Climate Adaptation

- Key barrier: Lack knowledge, skills and confidence
- Co-funded and co-created with Oxfordshire County Council & LCAT stakeholders
- 3 workshops (in-person & online) & 1x with LCAT group
- Co-designed with designer
- Expert review

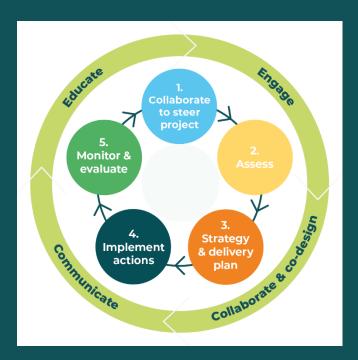


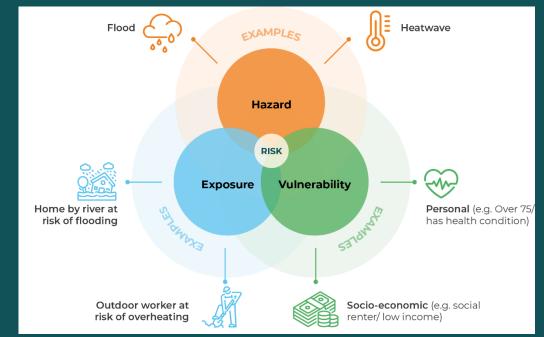


## Co-developing a specification

#### Design:

- Quick and easy to read
- Positive
- Solutions-focused
- Led by visuals and diagrams
- Many case studies
- Signpost on to trusted sources





## Co-developing a specification

#### Content:

- Climate change facts
- Impacts
- What adaptation is (vs mitigation)
- Benefits of adaptation
- Best practice principles
- Step-by-step guidance
- Supporting vulnerable communities

# WHAT IS CLIMATE ADAPTATION?



Understanding how climate change will impact us now and into the future



Making changes to the way we live, work, make and do things



#### Benefits to Climate Adaptation:

- Improve where we live to make it greener, healthier & safer
- Help make our communities stronger so they can better cope with, & recover from shocks, especially those who are most vulnerable
- Cut damage to our homes, workplaces & essential services (e.g. hospitals & schools)
- Save money in the long run, by investing now
- Protect people from health & wellbeing impacts like illness during heatwaves or trauma from flooding



## **Useful insights**

## WHAT HAVE WE LEARNT?



1. A friend asks you to explain what climate adaptation is. How might you explain it?

Not sure? Revisit the quote on page 2 for a reminder.

- Free, easy, online and plain English
  - Accessibility review completed
  - Survey how long have you to learn?
- Stay simple but signpost out to further information
- Give users learning opportunities and top tips for next steps
- Case studies are key to behaviour change
- Promote best practice e.g. multi-agency/ whole area approach
- Champion climate justice and support for most vulnerable people

## Resource demonstration Lcat.uk

### Have you used LCAT?

#### Take part in our survey. It helps us:

- understand what works and not for users
- Understand the impact it is having on the work in your area

The questionnaire is online and can be done at your convenience. It takes around 30 minutes to complete.

Your responses will be anonymised. Do also forward this request on to any colleagues who have also used the tool.

To take part, please email: <a href="mailto:lcat@exeter.ac.uk">lcat@exeter.ac.uk</a>

## Thanks

Tool: https://lcat.uk/

Email: LCAT@exeter.ac.uk

**Project** 

page: https://www.ecehh.org/research/localclimate-adaptation-tool/















